RegeneRest® is a more than just a sleep aid. Based on a combination of Traditional Asian herbalism and Western naturopathic approaches, this unique blend of botanicals, extracts and nutrients support relaxation and the body's natural repair processes. RegeneRest® supports deep, rejuvenating sleep without next-day drowsiness.*

Who can benefit from it?

RegeneRest® offers gentle relaxation for adults seeking natural solutions for restful sleep.*

What can you expect?

When taken before bed, RegeneRest® helps ease into a state of relaxation, and supports restful, restorative sleep. A unique combination of Traditional Asian botanicals, extracts, nutrients and a small amount of melatonin work together to help reset circadian rhythms, promote deeper sleep, and support the body’s natural repair processes. The result is a feeling of freshness, vitality and renewal upon waking.*
HOW DOES IT WORK?

*RegeneRest®* contains a GABA Support Blend with Pure Honokiol, Lemon Balm and Passionflower extracts along with L-Tryptophan and L-Theanine, to support gamma-aminobutyric acid (GABA) receptor activity in the brain and promote deep sleep. GABA receptors have many functions including the synthesis of GABA, a primary neurotransmitter that induces a calming effect on the nervous system.

*RegeneRest®* also contains a Traditional Asian Regenerative Sleep Blend with unique botanicals that support regeneration of key organs and systems and provide antioxidant and cellular support for overall vitality. The addition of a small amount of melatonin supports the body’s own melatonin production, helps reset circadian rhythms and balances sleep cycles.*

How do you take it?

Take 2 capsules at bedtime, or as recommended by your healthcare practitioner.

Are there any precautions?

May cause drowsiness; avoid driving or operating machinery until alert. Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking any medications, or are nursing, pregnant or considering pregnancy.

For more information

- Visit www.clinicalsynergyformulas.com
- Email: info@clinicalsynergy.com
- Call: 877.877.2362

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.